

Real Voices Real Choices: August 27-29 2023 Schedule

Sunday, August 27

11:00	Registration Begins <i>Hotel Lobby</i>					
11:00	Pre-Conference Activities ***Lunch is NOT Included - the following are optional activities***					
	Trivia Come enjoy a variety of trivia including Disney, music, movies, and RVRC. <i>Paradise B</i>	Music Room <i>Paradise C</i>			First Time Attendee Orientation For those who have never attended the conference, this will be a short presentation of what to expect <i>Windgate 62 & 63</i>	
2:00 – 2:30	Welcome <i>Paradise A & B</i>					
2:30 – 3:30	RVRC Committee Conference Kickoff RVRC Panel <i>Paradise A & B</i>					
3:30 – 3:50	Break					
	DD	MI	General	SUD	Family/Youth	CERTIFIED PEER TRACK
3:50 – 4:50	Andrew Ecker Drumming <i>Paradise A</i>	UnMasked <i>Paradise B</i>	Adverse Childhood Experiences: Understanding, Healing, and preventing ACEs <i>Paradise C</i>	Improving Treatment Retention through Trauma Informed Care <i>Windgate 62 & 63</i>	Advancing Independence with MapHabit <i>Nautical Wheeler (Upstairs)</i>	Peer Spirituality <i>Parasol I (Upstairs)</i>
5:00	Boxed Dinners Available to Pick Up <i>Windgate Hall</i>					
OPTIONAL MEETINGS						
5:30	12 Step Meeting <i>Windgate 62 & 63</i>		LGBTQ+ Group <i>Parasol I (Upstairs)</i>		Not my Child <i>Parasol II (Upstairs)</i>	
EVENING ENTERTAINMENT						
6:30	Bingo Night <i>Paradise A & B</i>			Music Room <i>Paradise C</i>		
Monday, August 28						
7:30 – 8:30	Breakfast Buffet & Visit Exhibits <i>Windgate Hall</i>					

8:30 – 8:45	Welcome & Karaoke Drawing <i>Paradise A & B</i>					
8:45 – 9:00	988 Presentation <i>Paradise A & B</i>					
9:00 – 9:45	Department of Mental Health Update Val Huhn and DMH Senior Management Team Members <i>Paradise A & B</i>					
9:45 – 10:00	Break					
	DD	MI	General	SUD	Family/Youth	Peer Track
10:00 – 11:00	What is People First of Missouri? <i>Paradise A</i>	Suicide Survivor and Mental Health Provider <i>Paradise B</i>	RESPECT Panel <i>Paradise C</i>	My Story-The Journey from the pit of addiction to the pinnacle of purpose <i>Windgate 62 & 63</i>	Bend to Ascend <i>Nautical Wheeler (Upstairs)</i>	Overcome Negative Thinking <i>Parasol I (Upstairs)</i>
11:00 – 11:15	Break					
11:15 – 12:15	Keynote Address Clayton Echard <i>Paradise A & B</i>					
12:15 – 1:15	Lunch & Visit Exhibits <i>Windgate Hall</i>					
1:15 – 1:45	DMH Assistive Technology Presentation <i>Paradise A & B</i>					
	DD	MI	General	SUD	Family/Youth	Peer Track
1:45 – 2:45	My Life, My Rights: Using My Voice <i>Paradise A</i>	Taking a Stand Against Stigma <i>Paradise B</i>	Andrew Ecker Drumming <i>Paradise C</i>	Women in Recovery <i>Windgate 62 & 63</i>	How we serve families: Which ones will be there? <i>Nautical Wheeler (Upstairs)</i>	Recognizing Burnout and Practicing Self-Care <i>Parasol I (Upstairs)</i>
2:45 – 3:00	Break					
	DD	MI	General	SUD	Family/Youth	Peer Track
3:00 – 4:00	Self-Advocacy through Self-Determination <i>Paradise A</i>	Mental Health in the workplace: ADA and Psychiatric Disabilities <i>Paradise B</i>	The Winning Team <i>Paradise C</i>	Inclusion & Affirmation: Improving SUD Treatment for the LGBTQIA+ population <i>Windgate 62 & 63</i>	Fostering Community <i>Nautical Wheeler (Upstairs)</i>	Recovery Oriented Systems of Care: Saving Lives, Reclaiming Futures <i>Parasol I (Upstairs)</i>
4:00 – 4:15	Break					

	DD	MI	General	SUD	Family/Youth	Peer Track
4:15 – 5:15	Self-care with Intellectual and Developmental Disabilities <i>Paradise A</i>	Restoring Lives: The Clubhouse Model Approach to Recovery <i>Paradise B</i>	A Life that Started Traumatic and Ended in Success <i>Paradise C</i>	Turning the Corner <i>Windgate 62 & 63</i>	Health and Wellness for Caregivers <i>Nautical Wheeler (Upstairs)</i>	Elevating and Empowering the Peer Workforce <i>Parasol I (Upstairs)</i>
5:15	Dinner On your Own					
5:15	Hamburger OR Hotdog Dinner (OPTIONAL) <i>Paradise A</i> \$11.00 – 1 hamburger OR 2 hotdogs, chips, and a drink					
	OPTIONAL MEETINGS:					
5:30	12 Step Meeting <i>Windgate 62 & 63</i>		Peer Networking <i>Parasol II (Upstairs)</i>		Caregiver Support <i>Parasol I (Upstairs)</i>	
6:00 – 9:00	Karaoke <i>Paradise A</i>					
Tuesday, August 29						
7:30	Breakfast Buffet & Visit Exhibits <i>Windgate Hall</i>					
8:30 – 8:40	Welcome <i>Paradise A & B</i>					
8:40 – 8:55	Break					
	DD	MI	General	SUD	Family/Youth	Peer Track
8:55 – 9:55	Nothing About Us, Without Us 2.0 <i>Paradise A</i>	There's Power in Your Story <i>Paradise B</i>	Anxiety Makes Me Anxious: Ways to Self-Calm <i>Paradise C</i>	Let it Begin With Me <i>Windgate 62 & 63</i>	Is anyone out there? <i>Nautical Wheeler (Upstairs)</i>	The Peer Drift: How to Recognize it, Fix it, and Stay Anchored in Your Peerness <i>Parasol I (Upstairs)</i>
9:55 – 10:10	Break					
10:10 – 11:10	Conference Closing - Final Prize Drawing <i>Paradise A & B</i>					