



Missouri Mental Health Foundation

The **Missouri Mental Health Foundation** helps individuals and families living with **mental illness, developmental disabilities, and substance use disorders** through:

Missouri Mental Health Champions' Awards Banquet

Each year we award advocates from the mental health community for their efforts and advocacy for their mental health community. The Mental Health Champions Award is awarded to an individual within each mental health category: mental illness, intellectual/developmental disability, and substance use disorder. Learn more [here](#).

Real Voices – Real Choices Conference

Our biggest annual event is for the people and by the people. This conference aims to unite and empower Missourians to inspire hope and bring awareness to mental health conditions—promoting mental health education and self-advocacy. Learn more [here](#).

Director's Creativity Showcase

This event displays the artistic talents of individuals with mental illness, intellectual/developmental disabilities, and substance use disorders. It serves as an inspiration to all who participate and all who experience these creations that everyone has the ability to be great. Learn more [here](#).

Speaker's Bureau

RESPECT Institute of Missouri speakers are trained individuals who aim to increase public understanding of mental health conditions through sharing their lived experiences with mental illness, developmental disabilities, and/or substance use disorders. RESPECT speakers not only inspire audiences, but they educate them on a variety of topics, including diagnosis, treatment, and recovery.

"Not My Child" is a documentary about substance use disorders, developed to highlight the importance of the topic and the dangers inherent in substance use. Request a film showing and learn more [here](#).

Inclusive Golf Program

This program aims to foster inclusion in our communities by providing children and adults living with intellectual/developmental disabilities, mental illness, and substance use disorders the opportunity to learn and play the game of golf by providing golf clinics and other activities with the help of golf professionals.



These programs are vital to all Missourians, and especially to individuals and families living with mental illness, developmental disabilities, and substance use disorders.

**We hear you,
and we see you.**