

Missouri State University

# ADDICTION AND RECOVERY SUMMIT

**8.30.2019**

Missouri State University  
Plaster Student Union

**Missouri State University** is hosting the 2019 Addiction and Recovery Summit on August 30, 2019. The summit will feature an opening keynote, lunch and panel discussion, and a total of 12 breakout sessions to choose from. A variety of sessions will be offered from educational, clinical, and impactful. Please join us for this essential event. Registration for the summit is \$10, and includes a light breakfast, and lunch. Register at [www.missourimhf.org](http://www.missourimhf.org)

## Summit Schedule

8:00 - 8:30am - Breakfast in PSU Ballroom West (3rd Floor, PSU)

8:30 - 9:30am - Opening Keynote - PSU Ballroom West

9:45 - 10:45am - Breakout Sessions, Block 1

11:00 - 12:00pm - Breakout Sessions, Block 2

12:00 - 1:00pm - Lunch/Panel Discussion - PSU Ballroom West

1:00 - 2:00pm - Breakout Sessions, Block 3

2:15 - 3:15pm - Breakout Sessions, Block 4

3:30 - 5:00pm Screening of “Not My Child” Documentary—Parent/Youth Impact Panel - PSU Ballroom West

5:00pm - Overdose Awareness Walk to Hammons Field—Recovery Night (Springfield Cardinals Game)

5 CEUs through the  
Missouri Credentialing  
Board

This event is presented by:



# Summit Sessions

8:00 - 8:30am

## **Breakfast**

PSU Ballroom West

8:30 - 9:30am

## **Opening Keynote - The Landscape of the Recovery Movement: Our Inflection Point**

Tim Rabolt, Executive Director, Association of Recovery in Higher Education

PSU Ballroom West

9:45 - 10:45am - Breakout Sessions, Block 1

## **Adolescent Mental Health/SUD Issues and Coping Skills**

Jim Marshall, Cody's Gift

PSU 314

## **Stage of Change Based Intervention in Substance Use Disorder Treatment**

Janice Bunch, MA, LPC,NCC and John Nimmo, MA, LPC, Southeast Missouri State University

PSU 315

## **Smart Phones and Addictive Potential - A Way Forward**

Shaun Fossett, MA, LPC, Missouri State University

PSU 317

11:00 - 12:00pm - Breakout Sessions, Block 2

## **Becoming Aware of Trauma and its Impact**

Alisa Garbisch, The Victim Center

PSU 314

## **Medication for Addiction Treatment**

Tressa Moyle, MSW, LCSW, Cox Center for Addictions

PSU 315

## **Self-Care**

Patricia Pennington-Sams, ICCJP, CPS, MHFA, MARS, PEEP's in Recovery

PSU 317

12:00 - 1:00pm - Lunch

## **Legislative Panel**

PSU Ballroom West

# Summit Sessions and Descriptions

1:00 - 2:00pm - Breakout Sessions, Block 3

## **Creating a Trauma-Informed Environment**

Alisa Garbisch, The Victim Center  
PSU 314

## **Harm-Reduction**

Chad Sabora, JD  
PSU 315

## **GenRx**

Scott Allen, Community Partnership of the Ozarks  
PSU 317

2:15 - 3:15pm - Breakout Sessions, Block 4

## **Resiliency: Coping with Stress in Recovery**

Stephanie Zucchini, BS, MAACD  
PSU 314

## **Recovery Management—Reducing the Risk**

Mark McDonald, MS, CRADC, CGDC, MARS, CPS  
PSU 315

## **The Vaping Epidemic**

Scott Allen, Community Partnership of the Ozarks  
PSU 317

3:30 - 5:00pm

## **Screening of “Not My Child” Documentary - Parent/Youth Impact Panel**

PSU Ballroom West

5:00pm

## **Overdose Awareness Walk to Hammons Field - Recovery Night (Springfield Cardinals Game)**

North Doors of Plaster Student Union

Funding for this initiative was made possible (in part) by grant no. 6H79TI080816-02 from SAMHSA. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

